

# BLACK AND LATINX TRANSGENDER YOUTH FACT SHEET

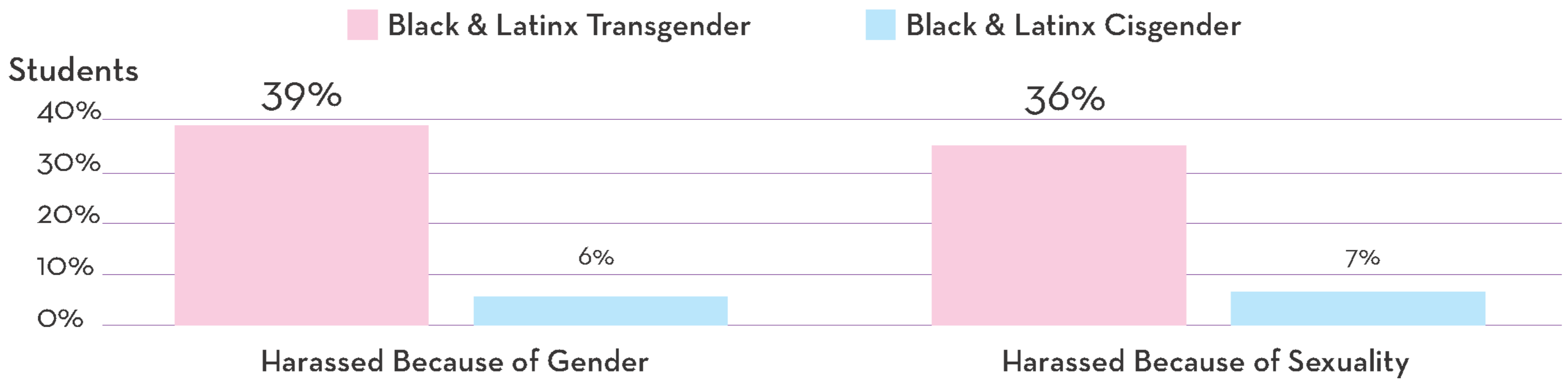


## RESEARCH CALIFORNIA SCHOOL-BASED SURVEY STUDY

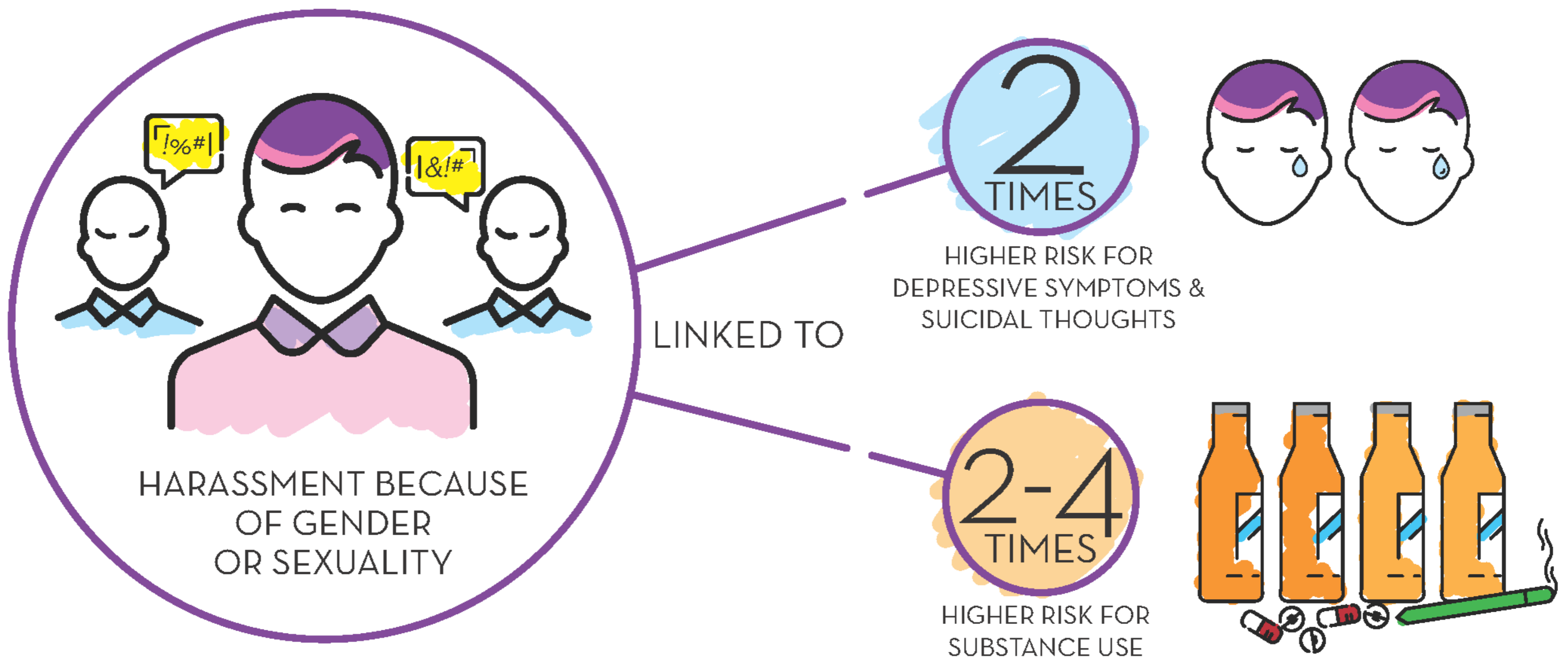
### WHY WAS THIS RESEARCH DONE?

Being transgender is a natural and healthy part of human diversity. Health issues and challenges faced by transgender youth have been consistently shown to be due to stigma, discrimination, and being forced to suppress their gender identity. We wanted to understand how harassment at school impacted the health of Black & Latinx transgender youth by using a large, statewide survey of California high school students.

### BLACK AND LATINX TRANSGENDER YOUTH EXPERIENCE HIGH RATES OF HARASSMENT AT SCHOOL COMPARED TO PEERS



### HARASSED BLACK AND LATINX TRANSGENDER YOUTH REPORTED MORE DEPRESSION, SUICIDAL THOUGHTS, & SUBSTANCE USE THAN NON-HARASSED YOUTH



### HOW CAN WE BETTER SUPPORT BLACK & LATINX TRANSGENDER YOUTH?

- Creating a culture of respect and celebration of diversity at school assemblies, events, and announcements.
- Emphasizing that no form of bullying or harassment is acceptable.
- More training for all school staff on gender diversity, inclusivity, respect, bullying, racism, and transphobia. Resources can be found at [GLSEN.org](http://GLSEN.org) and [GenderSpectrum.org](http://GenderSpectrum.org).
- Providing inclusive educational curricula regarding gender identities and pronouns.
- Empowering parents to advocate for their child within the school system if their child is experiencing harassment.

Our work was funded by the Robert Wood Johnson Foundation and National Institute on Minority Health and Health Disparities. Data is derived from the 2015-2017 California Healthy Kids Survey administered by WestEd. The fact sheet was based on the following publications: Vance SR, Boyer CB, Glidden DV, Sevelius J. Comparing Substance Use and School-Based Stressors Among Black and Latinx Transgender Youth and Peers with Shared Minoritized Identities. *J Adolesc Health*. 2022; Vance SR, Boyer CB, Glidden DV, Sevelius J. Mental Health and Psychosocial Risk and Protective Factors Among Black and Latinx Transgender Youth Compared with Peers. *JAMA Netw Open*. 2021 03 01; 4(3):e213256. Please note we convert odds ratios in the original publications into relative risk for the purpose of this factsheet.