BLACK AND LATINX TRANSGENDER YOUTH FACT SHEET
RESEARCH CALIFORNIA SCHOOL-BASED SURVEY STUDY

WHY WAS THIS RESEARCH DONE?
Being transgender is a natural and healthy part of human diversity. Health issues and challenges faced by transgender youth have been consistently shown to be due to stigma, discrimination, and being forced to suppress their gender identity. We wanted to understand how harassment at school impacted the health of Black & Latinx transgender youth by using a large, statewide survey of California high school students.

BLACK AND LATINX TRANSGENDER YOUTH EXPERIENCE HIGH RATES OF HARASSMENT AT SCHOOL COMPARED TO PEERS

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<tr>
<th>Harassed Because of Gender</th>
<th>Black &amp; Latinx Transgender</th>
<th>Black &amp; Latinx Cisgender</th>
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HARASSED BLACK AND LATINX TRANSGENDER YOUTH REPORTED MORE DEPRESSION, SUICIDAL THOUGHTS, & SUBSTANCE USE THAN NON-HARASSED YOUTH

HARASSMENT BECAUSE OF GENDER OR SEXUALITY

LINKED TO

2 TIMES HIGHER RISK FOR DEPRESSIVE SYMPTOMS & SUICIDAL THOUGHTS

2-4 TIMES HIGHER RISK FOR SUBSTANCE USE

HOW CAN WE BETTER SUPPORT BLACK & LATINX TRANSGENDER YOUTH?

- Creating a culture of respect and celebration of diversity at school assemblies, events, and announcements.
- Emphasizing that no form of bullying or harassment is acceptable.
- More training for all school staff on gender diversity, inclusivity, respect, bullying, racism, and transphobia.
- Resources can be found at GLSEN.org and GenderSpectrum.org.
- Providing inclusive educational curricula regarding gender identities and pronouns.
- Empowering parents to advocate for their child within the school system if their child is experiencing harassment.