SISTA (SISTERS INFORMING SISTERS ON TOPICS OF AIDS) LOGIC MODEL

Issue/Problem	Inputs	Activities	Outputs	Immediate Outcomes
 Women often engage in unprotected sex with multiple partners, partners of unknown risk, or high-risk partners because of: Limited access to information and economic resources Underdeveloped and/or under used sexual negotiation skills Lack of condom use confidence 	 Facilitator training and training materials Participant recruitment strategies and materials SISTA curriculum and facilitation materials Appropriate agency forms and materials Facility space Peer facilitators Funding 	 Recruit participants Create an atmosphere of safety, trust, and support Provide materials and activities to encourage gender and ethnic pride Provide information of transmission and risk Facilitate behavioral skills practice (communication, negotiation, condom use) Conduct booster activities Conduct service neer assessment Facilitate service referrals 	 intervention activities Transmission and risk information conveyed Five group sessions facilitated Booster sessions facilitated Referrals made to other services Time spent facilitating sessions 	 Increased knowledge of HIV/STD transmission Increased knowledge of risk reduction strategies Enhanced perception of personal risk Enhanced assertiveness, communication, and negotiation skills Attitudes supportive of consistent condom use Intentions to reduce high-risk sexual behaviors
Assumptions			Assumptions	

Women may decide to not use condoms because they may not:

- Respond to messages that are not culturally and gender specific
- Believe they have the power to negotiate or insist on condom use
- Have the communication skills to negotiate desire to practice safer behaviors
- Feel worthy of protecting themselves or place value on their health
- Perceive themselves to be at risk

- People are influenced by the behavior of peers
- People are more likely to adopt a behavior if given the opportunity to learn about the behavior
- Supportive, non-threatening environments that validate culture and gender influence self perceptions of worth and power
- Validated perceptions of power and worth can influence adoption of safer behaviors
- Combining instruction with opportunities to practice enhances acquisition of skills
- Presentation of information tailored to cultural and gender nuances is more likely to be understood and applied to personal perceptions of risk

Intermediate **Outcomes**



Increase in frequency of consistent condom use

Long Term **Outcomes**

- Consistent condom use with partner(s) maintained
- Reduction in high-risk sexual behaviors

Impact

Reduction of HIV among African American women between the ages 18-29