

Hudes, Estie

From: Blanco, Rochelle Hartwig
Sent: Friday, September 13, 2019 3:11 PM
Subject: CAPS I&I and Methods Core Town Hall: John Saucedo, PhD -- Intro to the Multiphase Optimization Strategy (MOST) Framework for Intervention Science -- Tues., 9/24, 11a-Noon, Mission Hall, 3rd Floor, Rm 3700

Please note time correction to 11a-12:30p!

CAPS Intervention and Implementation Science and Methods Cores & CAPS Town Hall present:

John Saucedo, PhD, MSc



Intro to the Multiphase Optimization Strategy (MOST) Framework for Intervention Science

**Tuesday, Sept 24th, 2019
11:00am – 12:30
UCSF Mission Hall –3rd Floor - Room 3700
550 16th Street, San Francisco, CA**

RSVP to Estie.Hudes@ucsf.edu to be added to the Security List for Mission Hall.

[Link to Add to My Calendar](#)

The NIH and the Office of Behavioral and Social Science Research (OBSSR) have explicit calls for researchers to *combine, personalize and/or sequence* interventions to optimize treatment outcomes. These calls are in large part due to the development of the MOST framework, which is an engineering-inspired approach to building multi-component behavioral and bio-behavioral interventions. This talk will describe the classic "treatment package" approach to intervention

science, and how the MOST approach differs. We'll go over the three phases of MOST when the goal is to optimize health outcomes.

Dr. John A. Saucedo is a health psychologist and Assistant Professor at the Center for AIDS Prevention Studies at UCSF. His research focuses on the drivers of HIV treatment and care outcomes among Latinx patients, including depression and structural factors, and highlights the complexities of research for immigrant communities and in Spanish. He works with Latinx patients at the SALUD Clinic within Ward 86 HIV Clinic at ZSFGH and within the CFAR Network of Integrated Clinical Systems (CNICS) cohort. Dr. Saucedo came to CAPS from the Univ. of Texas at El Paso as a postdoctoral fellow in the TAPS Fellowship Program. He currently has a K01 award (NIMH) to conduct a sequential multiple assignment randomized trial (a tool in MOST), and is working on a proposal to build a factorial design for a multi-component intervention (another tool in MOST). He has completed the MOST certification program from Penn State University.

Rochelle Blanco

Academic Program Management Officer
Traineeships in AIDS Prevention Studies (TAPS) Program
CAPS Developmental Core and CAPS Interventions and Implementation Science Core
(pronouns: she/her/hers) : <https://lgbt.ucsf.edu/pronounsmatter>
Division of Prevention Science | University of California, San Francisco
Center for AIDS Prevention Studies (CAPS) | UCSF Prevention Research Center
<http://prevention.ucsf.edu>

UCSF Box 0886 | 550 16th Street, 3rd Floor | San Francisco, California 94143 (for FedEx use 94158)
Phone: 415-502-1000 ext. 17133 (*vm generates instant email notice*)

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